

About Ash Wales



ASH Wales is the only voluntary organisation in Wales with the sole task of tackling the ill health caused by tobacco use. Our main aim is to achieve a reduction in and eventual elimination of the health problems associated with tobacco use.

The Vision of ASH Wales is:

“ASH Wales is committed to achieving a life free from tobacco for all people in Wales”

The Mission of ASH Wales is:

“Towards a Tobacco Free Wales”

ASH Wales has been working in Wales since 1976 as a branch of ASH UK and since 2007 as an independent company limited by guarantee and a charity registered in Wales.

Key Aims of ASH Wales

- Provide training on tobacco control issues;
- Build effective tobacco control networks across Wales with the public, private and voluntary sector;
- Provide tobacco control related advocacy and support to groups and individuals with an emphasis also on young people;
- Lobby for tobacco control public health measures;
- Undertake tobacco control projects and research across Wales;
- Engage with young people as tobacco control advocates and peer health promotion advisers.

For more information or to get involved please contact ASH Wales:-

www.ashwales.co.uk

enquiries@ashwales.co.uk

ASH Wales, 8 Museum Place, Cardiff, CF10 3BG

Tel: 029 2064 1101

Am Ash Cymru



Unig dasg ASH Cymru yw mynd i'r afael â'r iechyd gwael a achosir gan ddefnyddio tybaco, ac yn hynny o beth mae'n sefydliad gwirfoddol unigryw yng Nghymru. Ein prif nod yw sicrhau bod y problemau iechyd sy'n gysylltiedig â defnyddio tybaco yn cael eu lleihau a'u dileu yn y pen draw.

Gweledigaeth ASH Cymru yw:

“Mae ASH Cymru wedi ymrwymo i sicrhau bywyd heb dybaco i bawb yng Nghymru”

Cenhadaeth ASH Cymru yw:

“Tuag at Gymru Ddi-Dybaco”

Mae ASH Cymru'n gweithio yng Nghymru ers 1976 fel cangen o ASH UK ac ers 2007 fel cwmni annibynnol cyfyngedig drwy warant ac elusen wedi'i chofrestru yng Nghymru.

Nodau allweddol ASH Cymru

- Darparu hyfforddiant ar faterion sy'n ymwneud â rheoli tybaco;
- Adeiladu rhwydweithiau rheoli tybaco effeithiol ar draws Cymru gyda'r sectorau cyhoeddus, preifat a gwirfoddol;
- Darparu dadleuaeth a chymorth ym maes rheoli tybaco i grwpiau ac unigolion gyda phwyslais hefyd ar bobl ifanc;
- Llobio am fesurau iechyd y cyhoedd i reoli tybaco;
- Ymgymryd â phrosiectau ac ymchwil ym maes rheoli tybaco ledled Cymru;
- Ymgysylltu â phobl ifanc fel dadleuwyr dros reoli tybaco a chynghorwyr hybu iechyd cyfoed.

I gael mwy o wybodaeth neu i gymryd rhan cysylltwch ag ASH Cymru:-

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